



Hunter Mobile Preschool

March 2016
Newsletter



End of Term 1

Term one is almost finished. The last day of term will be Friday 8th April. We then have two weeks school holidays. Term two will start on Tuesday 26th April, due to Anzac day on the Monday. Please ensure your fees are up to date by the end of the term.

NSW Health Vision Screening



This is a free service that comes to preschool each year. Parents/Carers of all the 4 year olds will receive a permission slip to complete. This will be a non-invasive sight test, which tests for strengths and weaknesses of the eye. If anything stands out during this simple sight test, a brief description is presented to the parents for follow up.

The visits will be on the following dates:

Gillieston Heights 5th April
Lochinvar Thursday 28th April
Millfield Friday 29th April

We haven't received dates for Gresford, Vacy and Wollombi as yet, but will let you know when we do.

Annual General Meeting

On Monday 14th March, our service held its Annual General Meeting. At this meeting a new Management Committee was elected as follows:

President- Marie Kelly (Lochinvar)
Vice President- Katherine Hodges (Gresford)
Treasurer- Nicole Carnell (Gillieston Heights)
Secretary- Kristy Duncan (Gresford)
Venue Reps- Gresford- Katherine Hodges
Lochinvar- Sally Fitcher
Vacy-
Millfield- Erin Lynch
Gillieston Heights- Nicole Carnell
Wollombi- Sofia O'Sullivan

Our next committee meeting date is Monday 2nd May at 10am. Meetings are held at our office, 3/5 Anlaby Street Maitland. Morning tea is supplied, and children are welcome.

Entertainment Memberships

We are fundraising with Entertainment Memberships. Entertainment Memberships are packed with hundreds of up to 50% off and 2-for-1 offers for the best local restaurants, cafés, attractions, hotel accommodation, travel and much more! Available as a traditional Entertainment Book OR the new Entertainment Digital Membership for your Apple or Android device, your Membership gives you over \$20,000 worth of valuable offers valid through to 1 June 2017! Order your new 2016 | 2017 Newcastle, Central Coast and The Hunter Entertainment Membership from Hunter Mobile Pre-School and 20% of your Membership purchase goes towards our fundraising!

To order click the link below, go to <https://www.entbook.com.au/912011w> or see the staff at your venue for an order form.



Order either Membership type before April 1, and you'll receive over \$245 worth of Bonus Offers which you can use straight away!

Policy Review

Our services policies guide our daily practices, and the information we provide to our families. These policies need to be reviewed on a regular basis to ensure they are up to date, and on par with the latest research.

1. Staff have 1 week to review and make amendments.
2. 6 families (one from each of our venues), and of our committee members will be emailed the policy, and will have 2 weeks to make any comments or suggestions. We ask that any replies be made through our email address; lhactivityvan@bigpond.com
3. Staff will discuss any comments or suggestions made, and will add these to the draft policy to be presented to the management committee at the next scheduled meeting.
4. The policy will be finalised at the meeting, and approved for use.
5. All families will be informed of the changes through the noticeboards at preschool.



Stuck for healthy snack ideas?

Why not try some of the following?

- Fresh fruit such as apples, grapes, strawberries, mandarins, pears, plums, apricots, bananas, kiwi fruit, nectarines and oranges
- Carrot, zucchini or celery sticks combined with healthy dips e.g. hommus or mashed avocado
- Tinned fruit in natural juice
- Small quantities of dried fruit (e.g. sultanas, dried apples, dried apricots)
- Fruit salad with yoghurt or custard
- Yoghurt or custard
- Yoghurt sprinkled with muesli and fresh or tinned fruit
- Cheese slices or cheese sticks either on their own or with low fat crackers
- Rice cakes with low fat toppings such as vegemite or ricotta cheese
- Vegetable pikelets or savoury scones made with grated vegetables and added cheese
- Hard-boiled eggs
- Small tins of baked beans or spaghetti

Sourced from: www.careforkids.com.au & www.goodforkids.nsw.gov.au

Hunter Mobile Preschool Staff

Sarah, Leanne, Bek, Jacquie, Paula, Alex & Liz