



Hunter Mobile Preschool

February 2017
Newsletter



Annual General Meeting

When: Monday 13th March 2017 @ 10.00am
Where: 3/5 Anlaby Street Maitland

All of our management committee positions become vacant. Any member of the association is eligible to stand for office. As a not-for-profit service, we can't operate without a management committee.

The committee undertakes a governance role in the service. As such it oversees and makes policy decisions regarding the future direction of the service. The committee also oversees the work of the Coordinator, which is appointed to manage the day-to-day operations of the service.

Positions available will be: President, Vice President, Treasurer, Secretary, Venue representatives, and Ordinary members.

Each family received a note, which has a cut off section (as pictured below) that needs to be returned to preschool as soon as possible.

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Name: _____

Venue: _____

- I will be at the Annual General Meeting on Monday 13th March
- I am unable to attend the AGM
- I would like to be nominated for a position on the preschool Management Committee

Position _____

Fees

Thank you to all the families that are making regular fee payments. If you are paying at the venue, please make sure that you fill in a fee slip and get it checked by a teacher before it goes in the fee tin. If you are paying by internet banking, please ensure you put your CHILD'S name as the reference so we know who to apply the payment to.

Our service is a not for profit organisation that is only partly funded by the NSW government. We rely on preschool fees to keep the service operating. Please ensure that your child's fees are kept up to date. If you are having trouble paying fees, please call Liz in the office on 49346725 or speak to one of the staff at your venue.

Venue days & times:

There have been some changes to our venue days and times this year; they are as follows:

Vacy - Monday 9.00am – 3.00pm

**Gresford - Tuesday & Friday
9.00am – 2.45pm**

**Gillieston Heights - Monday &
Tuesday 9.00am – 3.00pm**

**Lochinvar - Wednesday &
Thursday 9.00am – 2.45pm**

**Wollombi - Wednesday
10.30am - 4.00pm & Thursday
9.45am – 3.15pm**

Millfield - Friday 9.30am – 3.00pm

Are you missing a payment receipt?

There was a fee payment made on 13th February that has no information about whose account to credit it to. If you made a payment via internet banking on this date and have not received a receipt yet, please call Liz on 49346725.

Healthy eating at preschool

We encourage healthy eating at preschool. Our healthy eating guidelines are being taken from the 'Good for Kids' program that was developed by Hunter New England Health. Please start to look at the nutrition panels on packaged foods as they will need to fit into the following guidelines to be eaten at preschool.

When buying packaged foods, aim for foods with no more than:
20g FAT PER 100g – Products with less than 10g fat per 100g are best.
5g SATURATED FAT PER 100g - Products with less than 3g fat per 100g are best.
15g SUGAR per 100g
600mg SODIUM PER 100g – Products with less than 400mg per 100g are best.

Preschool Hats

Our adjustable hats are available in 2 sizes, small 51-55cm, and large 56-60cm. They are \$12 each, and come in pink, purple, light green and electric blue. If you are interested, please see the staff at your venue.



Hunter Mobile Preschool Staff

Sarah, Leanne, Bek, Jacquie, Paula, Alex & Liz

**Cessnock, Schools as
Community Centre**



TERM 1, 2017



PLAYWORKS - Mondays

Koe-Nara, 10 am to 12



LET'S PLAY - Tuesdays

Koe-Nara, 10 am to 12

Baby Massage at Koe-Nara

Feb 23, March 9, March 23 & April 6

Thursdays 1 to 2 (every fortnight)

Bookings essential—Contact Paula on
0401 734 966



PLAYWORKS - Thursdays

Cessnock East Public School, from
9am to 11am

Stories at Abermain Public

Thursdays from 2.30 to 3

Stories at Bunnings

Feb 22 & March 22 from 10.30

Playgroup operates in school term only

All groups are free

Free morning tea for the children, tea & coffee for
grown ups

For more information:

☎ 4990 9354 or
0428 263 854

📍 Koe-Nara, Cessnock
Schools as Community
Centre