



Hunter Mobile Preschool

June 2017
Newsletter



PacificSmiles DENTAL.

Visits will be made to Vacy, Lochinvar, and Gresford during week 2 of next term. Margo uses puppets, posters, props and a DVD to educate the children about the correct way to brush their teeth and what foods are good choices to encourage strong, healthy teeth. The children then take part in a hands-on learning experience. The other venues visits will be later in the year.

Next Committee Meeting

The next Management Committee Meeting will be held on Tuesday 25th July at 10am at our base, 3/5 Anlaby Street Maitland. Children are welcome and morning tea is supplied. If you are coming to the meeting, we will have the garage door to our building open, to offer some parking in the van bay.

Staff Changes

As we say farewell to Bek, and wish her well for her move to Tumut, we say welcome to our newest staff member, Jennifer Collado.

Jennifer will work Tuesday at Gillieston Heights and Wednesday and Thursday at Lochinvar, starting week 1 of term 3. Please join us in welcoming her to our service.

School Holidays

Preschool will break for the winter holidays from Monday 3rd July until Friday 14th July.

Term 3 will begin on Monday 17th July.

Please ensure all preschool fees are paid up by the end of the term. If you are having difficulties with your fees, please speak to staff at your venue or call Liz on 49346725.

Labelling Possessions

We ask that you label all of your child's belongings. This includes their clothing, food containers, and drink bottles. Having their name on their containers and drink bottles assists with name recognition. Items that are not labelled can be easily lost.



This year we will be participating in the Woolworths Earn & Learn program again. Through this program we will be able to get new educational resources for our preschool venues – and all we need you to do is shop for your groceries at Woolworths.

From Wednesday 26th July to Tuesday 19th September, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it's complete, the Sticker Sheet can be dropped into the Collection Box at your preschool venue.

Donations

Jacque & Alex would like to ask the Gresford families for donations of wood offcuts, and nails for the children to explore woodwork.



Common Cold Symptoms & Causes

Symptoms of a common cold usually appear one to three days after exposure to a cold-causing virus. Signs and symptoms, which can vary from person to person, might include:

Runny or stuffy nose, sore throat, cough congestion, slight body aches or a mild headache, Sneezing, low-grade fever, generally feeling unwell (malaise). The discharge from your nose may become thicker and yellow or green in color as a common cold runs its course. This isn't an indication of a bacterial infection.

When to see a doctor - in general, your child doesn't need to see the doctor for a common cold. But seek medical attention right away if your child has any of the following:

Fever of 38°C in newborns up to 12 weeks, rising fever or fever lasting more than two days in a child of any age, symptoms that worsen or fail to improve, severe symptoms, such as headache or cough, wheezing, ear pain, extreme fussiness, unusual drowsiness, lack of appetite

Causes

Although many types of viruses can cause a common cold, rhinoviruses are the most common culprit. A cold virus enters your body through your mouth, eyes or nose. The virus can spread through droplets in the air when someone who is sick coughs, sneezes or talks. It also spreads by hand-to-hand contact with someone who has a cold or by sharing contaminated objects, such as utensils, towels, toys or telephones. If you touch your eyes, nose or mouth after such contact or exposure, you're likely to catch a cold.

Have you changed your details since enrolment?

If you have changed your mobile number, work number, home number, address, have new emergency contacts or have any medical updates (eg: allergies, medications, injury risks) please let us know by filling in the attached slip and returning it to Preschool as soon as possible. We need to keep all details relating to the children in our care, up to date.

Hunter Mobile Preschool Staff

Sarah, Leanne, Jacquie, Paula, Alex & Liz

Change of details slip

Childs Name _____
 Venue _____
 Parents Names (Parent 1) _____
 (Parent 2) _____
 Home Address _____
 Home Phone _____
 Mobile Phone Parent 1 _____ Parent 2 _____
 Work Phone Parent 1 _____ Parent 2 _____
 Emergency Contacts
 Name _____ Name _____
 Home No _____ Home No _____
 Mobile No _____ Mobile No _____
 Relationship to child _____ Relationship to child _____
 New Medical Conditions or Allergies _____

School holiday fun @ your library

TICKETS ON SALE MID-JUNE

Numbers strictly limited, pre-bookings essential, no phone bookings

	Film & Craft Enjoy a movie, then make your own little fairy penguin puppet Cessnock Library Monday July 3 2pm Kurri Kurri Library Wednesday July 5 2pm	2 HOUR SESSION Cost: FREE Ages: 5-12
	Kids Play Uke Learn the basics in this introductory workshop—ukes provided! Cessnock Library Tuesday July 4 1pm Kurri Kurri Library Friday July 14 3pm	1 HOUR WORKSHOP Cost: FREE Ages: 7+
	Board in the Library Learn a new game (Ticket to Ride) or play some old favourites Kurri Kurri Library Tuesday July 4 4pm Cessnock Library Thursday July 13 4pm	2 HOUR SESSION Cost: FREE Ages 11+
	Aboriginal Art—Gratitude Rocks Learn about Aboriginal symbols and paint your own gratitude rock Cessnock Library Thursday July 6 10am Kurri Kurri Library Thursday July 6 2pm	2 HOUR WORKSHOP Cost: \$5.00 Ages 7+
	Storytelling—Our Dreaming Stories Discover some of our local Dreaming stories with storyteller and artist, Tracey Coombes—create your own dreaming artwork Cessnock Library Friday July 7 10am Kurri Kurri Library Friday July 7 2pm	2 HOUR WORKSHOP Cost: \$5.00 Ages 7+
	Lego Competition Fill out an entry form to take part in this annual event! Cessnock Library Monday July 10 2pm Kurri Kurri Library Wednesday July 12 2pm	1 HOUR SESSION Cost: FREE Ages: 5+
	Firefighters Storytime! Meet real fire fighters, learn about fire safety, enjoy a story, and check out a real fire truck! Cessnock Library Tuesday July 11 10am Kurri Kurri Library Wednesday July 12 10am	45 MINUTE SESSION Cost: FREE Ages: 2-8
	Dead Stuffed Things for Kids! Touch fur, feather and scales—interact with real stuffed animals! Kurri Kurri Library Thursday July 13 10am Cessnock Library Thursday July 13 2pm	1 HOUR WORKSHOP Cost: \$3 Ages: 5-12
	Bellydancing for Beginners Introductory workshop—come along and have some fun! Cessnock Library Friday July 14 9am Kurri Kurri Library Friday July 14 12pm	1 HOUR WORKSHOP Cost: FREE Ages 12+

Cessnock Library
 65-67 Vincent Street
 CESSNOCK 2325
 Phone: 4993 4399

 **Cessnock City Library**
 Start here. go anywhere.

Kurri Kurri Library
 253 Lang Street
 KURRI KURRI 2327
 Phone: 4937 1638